

**FAIRLANDS VALLEY SPARTANS 3k RELAYS**  
**Tuesday 24th July 2007**  
**PROVISIONAL RESULTS - Version 1**

**WOMENS RESULTS**

Race	Positions		Herts Co.		Beds Co.		Team	Time
	Scoring	Vets	Open	Vets	Open	Vets		
1	1		1				Garden City Runners 'A'	32:53
2	2		2				North Herts Road Runners 'A'	33:38
3	3		3				St Albans Striders 'A'	33:49
4	4		4				S.N.H.A.C. 'A'	34:17
5	5						FVS TRI 'A'	34:57
6	6		5				S.N.H.A.C. 'B'	36:21
7							Royston Runners 'A'	36:24
8	7				1		Stopsley Striders 'A'	37:02
9	8		6				Fairlands Valley Spartans 'A'	37:18
10	9		7				S.N.H.A.C. 'C'	37:22
11	10	1					FVS TRI 'B'	37:26
12	11		8				Broxbourne Runners 'A'	38:10
13	12						Harlow Running Club 'A'	38:21
14	13		9				Ware Joggers 'A'	38:26
15	14		10				Garden City Runners 'B'	38:27
16	15				2		Luton A.C. 'A'	38:39
17	16				3		Biggleswade A.C. 'A'	39:24
18	17						FVS TRI 'C'	39:29
19							Royston Runners 'B'	39:39
20	18		11				Barnet & District A.C 'A'	39:49
21	19	2	12	1			North Herts Road Runners 'B'	39:53
22	20						Biggleswade A.C. 'B'	40:00
23	21		13				North Herts Road Runners 'C'	40:08
24	22		14				Ware Joggers 'B'	40:25
25	23		15				St Albans Striders 'B'	40:26
26	24	3	16	2			Barnet & District A.C 'B'	41:14
27	25				4		Stopsley Striders 'B'	41:42
28	26						Harlow Running Club 'B'	42:05
29	27		17				North Herts Road Runners 'D'	42:13
30							Royston Runners 'C'	42:44
31	28		18				S.N.H.A.C. 'D'	43:24
32	29		19				Fairlands Valley Spartans 'B'	43:35
33	30				5		Dunstable Road Runners 'A'	43:39
34	31	4	20	3			Ware Joggers 'C'	45:27
35	32	5					FVS TRI 'D'	46:22
36	33	6	21	4			North Herts Road Runners 'E'	46:45
37	34	7	22	5			Ware Joggers 'D'	46:56
38	35				6		Leighton Buzzard A.C. 'A'	47:27
39	36				7		Stopsley Striders 'C'	47:53
40	37	8	23	6			North Herts Road Runners 'F'	49:04
41	38	9	24	7			Fairlands Valley Spartans 'C'	49:18
42	39	10			8	1	Stopsley Striders 'D'	53:03

## MENS RESULTS

Race	Positions		Herts Co.		Beds Co.		Team	Time
	Scoring	Vets	Open	Vets	Open	Vets		
1	1		1				Barnet & District A.C 'A'	48:05
2	2				1		Luton A.C. 'A'	48:19
3	3		2				Garden City Runners 'A'	48:25
4	4		3				St Albans Striders 'A'	48:41
5	5		4				Herts Phoenix 'A'	49:43
6	6						FVS TRI 'A'	49:56
7	7		5				S.N.H.A.C. 'A'	51:23
8	8		6				Royston Runners 'A'	51:41
9	9				2		Leighton Buzzard A.C. 'A'	52:18
10	10		7				Garden City Runners 'B'	52:22
11	11		8				Fairlands Valley Spartans 'A'	52:35
12	12	1	9	1			Barnet & District A.C 'B'	52:54
13	13				3		Luton A.C. 'B'	52:56
14	14	2	10	2			North Herts Road Runners 'A'	53:20
15	15	3	11	3			Herts Phoenix 'B'	53:40
16	16	4	12	4			Garden City Runners 'C'	53:43
17	17		13				North Herts Road Runners 'B'	53:48
18	18						FVS TRI 'B'	53:52
19	19				4		Stopsley Striders 'A'	53:54
20	20		14				Ware Joggers 'A'	54:12
21	21				5		Biggleswade A.C. 'A'	55:09
22	22	5					FVS TRI 'C'	55:36
23	23		15				St Albans Striders 'B'	55:49
24	24		16				S.N.H.A.C. 'B'	55:51
25	25	6			6	1	Stopsley Striders 'B'	55:53
26	26				7		Dunstable Road Runners 'A'	55:59
27	27	7	17	5			Broxbourne Runners 'A'	56:32
28	28	8					FVS TRI 'D'	56:57
29			18				S.N.H.A.C. 'C'	57:06
30	29						Harlow Running Club 'A'	57:24
31	30	9					Harlow Running Club 'B'	57:52
32	31		19				Royston Runners 'B'	57:59
33	32	10	20	6			Watford Harriers 'A'	58:44
34		11					FVS TRI 'E'	58:56
35	33		21				Garden City Runners 'D'	59:21
36	34		22				S.N.H.A.C. 'D'	59:45
37	35						Royston Runners 'C'	1:00:10
38		12					FVS TRI 'F'	1:00:17
39	36	13	23	7			Fairlands Valley Spartans 'B'	1:00:29
40							Harlow Running Club 'C'	1:00:49
41	37		24				North Herts Road Runners 'C'	1:01:00
42	38						FVS TRI 'G'	1:02:19
43	39		25				Broxbourne Runners 'B'	1:02:41
44	40		26				Garden City Runners 'E'	1:03:11
45	41	14			8	2	Leighton Buzzard A.C. 'B'	1:03:19
46	42	15			9	3	Biggleswade A.C. 'B'	1:03:54
47		16	27	8			Fairlands Valley Spartans 'C'	1:04:45
48	43		28				Royston Runners 'D'	1:05:36
49	44	17			10	4	Stopsley Striders 'C'	1:06:08
50							Luton A.C. 'C' (mixed)	1:07:44
51	45		29				North Herts Road Runners 'D'	1:07:50